him, and inflict judgments upon him, when, instead of exercising his faculties, he sinks to a level lower than his own, and becomes content, like some of the inferior animals, to live on a single root.

There are two periods favorable to observation,-an early and a late one. A fresh eye detects external traits and peculiarities among a people, seen for the first time, which disappear as they become familiar; but it is not until after repeated opportunities of study, and a prolonged acquaintanceship, that internal characteristics and conditions begin to be rightly During the first fortnight of my residence in this known. remote district, I was more impressed than at a later stage by certain peculiarities of manner and appearance in the inhabitants. Dr. Johnson remarked that he found fewer very tall or very short men among the people of the Hebrides, than in England: I was now struck by a similar mediocrity of size among the Highlanders of Western Ross; five-sixths of the grown men seemed to average between five feet seven and five feet nine inches in height, and either tall or short men I found comparatively rare. The Highlanders of the eastern coast were, on the contrary, at that period, mayhap still, very various of stature,-some of them exceedingly diminutive, others of great bulk and height; and, as might be seen in the congregations of the parish churches removed by but a few miles, there were marked differences in this respect between the people of contiguous districts,-certain tracts of plain or valley producing larger races than others. I was inclined to believe at the time that the middle-sized Highlanders of the west coast were a less mixed race than the unequally-sized Highlanders of the east: I at least found corresponding inequalities among the higher-born Highland families, that, as shown by their genealogies, blended the Norman and Saxon with the Celtic blood; and as the unequally-sized Highland race bordered on that Scandinavian one which fringes the greater part of the eastern coast of Scotland, I inferred that there had been a similar blending of blood among them. I have since seen in Gustav Kombst's Ethnographic Map of the British Islands,