very easily in our own selves; for instance, in the activity of our two hands. We usually accustom our right hand to quite different work from that which we give our left, and in consequence of the different occupation there arises a different formation of the two hands. The right hand, which we use much more than the left, shows a stronger development of the nerves, muscles, and bones. The same applies to the whole arm. In most human beings the bones and flesh of the right arm are, in consequence of their being more employed, stronger and heavier than those of the left arm. Now, as the special use of the right arm has been adopted and transmitted by inheritance for thousands of years among most races of men, the stronger shape and size of the right arm have already become hereditary. P. Harting, an excellent Dutch naturalist, has shown, by measuring and weighing newly born children, that even in them the right arm is more developed than the left.

According to the same law of divergent adaptation, both eyes also frequently develop differently. If, for example, a naturalist accustoms himself always to use one eye for the microscope (it is better to use the left), then that eye will acquire a power different from that of the other, and this division of labour is of great advantage. The one eye will become more short-sighted, and better suited for seeing things near at hand; the other eye becomes, on the contrary, more long-sighted, more acute for looking at an object in the distance. If, on the other hand, the naturalist alternately uses both eyes for the microscope, he will not acquire the short-sightedness of the one eye and the compensatory degree of long-sight in the other, which is attained