

[Fig. 20, p. 115]. The Gareloch lies in the red sandstone, but with gneiss forming its inner shores.

Gareloch may be used as a centre for exploring the scenery of Western Ross-shire, or the journey may be continued thence either to the railway at Auchnasheen or by Poolewe to Ullapool (p. 469). Loch Torridon and Loch Maree are the two tracts especially worthy of visit in this district. They are further referred to below.

17. INVERNESS BY RAILWAY TO SKYE

Inverness, which can be reached by so many different routes, is a good centre for seeing the northern firths of the east coast.

The Beauly Firth, along the southern coast-line of which the railway runs, is fringed with raised beaches, which wind into the bays on either side. From the town of Beauly the picturesque falls of Kilmorack in the Old Red Sandstone are only two and a half miles distant. Between the heads of the Beauly and Dornoch Firths the ground is covered with a thick deposit of gravel and sand worked into kame-forms [369], and well seen about Muir of Ord.

At Dingwall the Skye railway strikes to the west up Strath Peffer, and through a narrow pass in the schists over into Strath Garve. From **Garve** Station a coach-road runs north to Ullapool across the Dirie More [211]. From the watershed splendid views are obtained of the great red sandstone mountains of Dundonald [205, Fig. 44], and in the channel of the river that descends into Loch Broom one of the best cañons in Scotland is to be seen [176]. The glaciation of the valley through which the railway runs is distinctly marked. At **Auchnasheen** a remarkable group of ancient lake-terraces forms the most conspicuous object [Fig. 60]. From this station a good road leads to Loch Maree. **Kinlochewe** at the head of that lake is the most convenient place from which to see Loch Maree and Loch Torridon. The visitor may drive through Glen Torridon [116, 216] to the head of Loch Torridon, take boat down the loch to Shieldag, having previously telegraphed to the inn at Strathcarron to have a carriage waiting at Shieldag. From Strathcarron he can continue his journey to Skye. Or he may turn northward from Kinlochewe