travel along the coasts, but crossed the drift-ice itself to the New Siberian Islands, and even north of them. Nowhere, perhaps, have travellers gone through so many sufferings, or evinced so much endurance.

In America, too, the sledge was employed by Englishmen at an early date for the purpose of exploring the shores of the Arctic seas. Sometimes the toboggan or Indian sledge was used, sometimes that of the Eskimo. It was under the able leadership of M'Clintock that sledge journeys attained their highest development. While the Russians had generally travelled with a large number of dogs, and only a few men, the English employed many more men on their expeditions, and their sledges were entirely, or for the most part, drawn by the explorers themselves. Thus in the most energetic attempt ever made to reach high latitudes, Albert Markham's memorable march towards the north from the Alert's winter quarters, there were 33 men who had to draw the sledges, though there were plenty of dogs on board the ship. It would appear, indeed, as if dogs were not held in great estimation by the English.

The American traveller Peary has, however, adopted a totally different method of travelling on the inland ice of Greenland, employing as few men and as many dogs as possible. The great importance of dogs for sledge journeys was clear to me before I undertook my Greenland expedition, and the reason I did not use them then