

the choice of provisions was to combine variety with wholesomeness. Every single article of food was chemically analyzed before being adopted, and great care was taken that it should be properly packed. Such articles, even, as bread, dried vegetables, etc., etc., were soldered down in tins as a protection against damp.

A good library was of great importance to an expedition like ours, and thanks to publishers and friends, both in our own and in other countries, we were very well supplied in this respect.

The instruments for taking scientific observations of course formed an important part of our equipment, and special care was bestowed upon them. In addition to the collection of instruments I had used on my Greenland expedition, a great many new ones were provided, and no pains were spared to get them as good and complete as possible. For meteorological observations, in addition to the ordinary thermometers, barometers, aneroids, psychrometers, hygrometers, anemometers, etc., etc., self-registering instruments were also taken. Of special importance were a self-registering aneroid barometer (barograph) and a pair of self-registering thermometers (thermographs). For astronomical observations we had a large theodolite and two smaller ones, intended for use on sledge expeditions, together with several sextants of different sizes. We had, moreover, four ship's chronometers and several pocket-chronometers. For magnetic observations, for taking the declination, incli-