

to assist; and, from the way we were obliged to do it later, one sounding sometimes gave occupation for several days.

One day differed very little from another on board, and the description of one is, in every particular of any importance, a description of all.

We all turned out at eight, and breakfasted on hard bread (both rye and wheat), cheese (Dutch-clove cheese, Cheddar, Gruyère, and Mysost, or goat's-whey cheese, prepared from dry powder), corned beef or corned mutton, luncheon ham or Chicago tinned tongue or bacon, cod-caviare, anchovy roe; also oatmeal biscuits or English ship-biscuits—with orange marmalade or Frame Food jelly. Three times a week we had fresh-baked bread as well, and often cake of some kind. As for our beverages, we began by having coffee and chocolate day about; but afterwards had coffee only two days a week, tea two, and chocolate three.

After breakfast some men went to attend to the dogs—give them their food, which consisted of half a stock-fish or a couple of dog-biscuits each, let them loose, or do whatever else there was to do for them. The others went all to their different tasks. Each took his turn of a week in the galley—helping the cook to wash up, lay the table, and wait. The cook himself had to arrange his bill of fare for dinner immediately after breakfast, and to set about his preparations at once. Some of us would take a turn on the floe to get some fresh air, and to exam-