proving my temper. Once or twice I ran round in front of the dogs, and tried to force them to turn by lashing at them with the whip. They jumped to both sides and only tore on the faster; the reins got twisted round my ankles, and I was thrown flat on the sledge, and they went on more wildly than ever. This was my first experience in dog driving on my own account, and I will not pretend that I was proud of it. I inwardly congratulated myself that my feats had been unobserved.

"In the afternoon I examined the melted water of the newly formed brownish-red ice, of which there is a good deal in the openings round us here. The microscope proved this color to be produced by swarms of small organisms, chiefly plants—quantities of diatomæ and some algæ, a few of them very peculiar in form.

"Saturday, October 21st. I have stayed in to-day because of an affection of the muscles, or rheumatism, which I have had for some days on the right side of my body, and for which the doctor is 'massaging' me, thereby greatly adding to my sufferings. Have I really grown so old and palsied, or is the whole thing imagination? It is all I can do to limp about; but I just wonder if I could not get up and run with the best of them if there happened to be any great occasion for it: I almost believe I could. A nice Arctic hero of 32, lying here in my berth! Have had a good time reading home letters, dreaming myself at home, dreaming of the home-coming—in how