Arctic navigators. We have not so much as made the smallest preparation for possible accident, no provisions on deck, no tent, no clothing in readiness. This may seem like recklessness, but in reality there is not the slightest prospect of the pressure harming us; we know now what the Fram can bear. Proud of our splendid, strong ship, we stand on her deck watching the ice come hurtling against her sides, being crushed and broken there and having to go down below her, while new icemasses tumble upon her out of the dark, to meet the same fate. Here and there, amid deafening noise, some great mass rises up and launches itself threateningly upon the bulwarks, only to sink down suddenly, dragged the same way as the others. But at times when one hears the roaring of tremendous pressure in the night, as a rule so deathly still, one cannot but call to mind the disasters that this uncontrollable power has wrought.

"I am reading the story of Kane's expedition just now. Unfortunate man, his preparations were miserably inadequate; it seems to me to have been a reckless, unjustifiable proceeding to set out with such equipments. Almost all the dogs died of bad food; all the men had scurvy from the same cause, with snow-blindness, frost-bites, and all kinds of miseries. He learned a wholesome awe of the Arctic night, and one can hardly wonder at it. He writes on page 173: 'I feel that we are fighting the battle of life at disadvantage, and that