

1. No one is to carry matches.
2. The only places where matches may be kept are —
 - (1) The galley, where the cook for the time being is responsible for them.
 - (2) The four single cabins, where the inmate of each is responsible for his box.
 - (3) The work-cabin, when work is going on.
 - (4) On the mast in the saloon, from which neither box nor single matches must be taken away under any circumstances.
3. Matches must not be struck anywhere except in the places above named.
4. The one exception to the above rules is made when the forge has to be lighted.
5. All the ship's holds are to be inspected every evening at 8 o'clock by the fire-inspector, who will give in his report to the undersigned. After that time no one may, without special permission, take a light into the holds or into the engine-room.
6. Smoking is only allowed in the living-rooms and on deck. Lighted pipes or cigars must on no account be seen elsewhere.

FRIDTJOF NANSEN.

Fram, September 15th, 1894.'

“Some of these regulations may seem to infringe on the principle of equality which I have been so anxious to