day with a load of 250 pounds. It went along easily, and yet was hard to draw, because the snow-shoes were apt to slip to the side on the sort of surface we had. I almost believe that Indian snow-shoes would be better on this ground, where there are so many knobs and smooth hillocks to draw the sledges over. When Amundsen first began to pull the sledge he thought it was nothing at all; but when he had gone on for a time he fell into a fit of deep and evidently sad thought, and went silently home. When he got on board he confided to the others that if a man had to draw a load like that he might just as well lie down at once-it would come to the same thing in the end. That is how practice is apt to go. In the afternoon I yoked three dogs to the same little sledge with the 250-pound load, and they drew it along as if it were nothing at all.

"Tuesday October 2d. Beautiful weather, but coldish; 49° Fahr. of frost  $(-27^{\circ} \text{ C.})$  during the night, which is a good deal for October, surely. It will be a cold winter if it goes on at the same rate. But what do we care whether there are 90° of frost or 120°? 'A good snowshoeing excursion to-day. They are all becoming most expert now; but darkness will be on us presently, and then there will be no more of it. It is a pity; this exercise is so good for us—we must think of something to take its place.

"I have a feeling now as if this were to be my last winter on board. Will it really come to my going off

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