feel the vibration under me for a long time afterwards while lying in my berth. Finally, I could hear the roaring and grating caused by the ice-pressure. I told the watch to listen carefully, and ascertain where the pressure was, and to notice whether the floe on which we were lying was likely to crack, and whether any part of our equipment was in danger. He thought he could hear the noise of ice-pressure both forward and aft, but it was not easy to distinguish it from the roar of the tempest in the rigging. To-day about 12.30 P.M. the Fram received another violent shock, even stronger than that we had experienced during the night. There was another shake a little later; I suppose there has been a pressure aft, but could hear nothing for the storm. It is odd about this pressure: one would think that the wind was the primary cause; but it recurs pretty regularly, notwithstanding the fact that the spring-tide has not yet set in; indeed, when it commenced a few days ago it was almost a neap-tide. In addition to the pressure of yesterday and last night, we had pressure on Thursday morning at half-past nine and again at halfpast eleven. It was so strong that Peter, who was at the sounding-hole, jumped up repeatedly, thinking that the ice would burst underneath him. It is very singular, we have been quiet for so long now that we feel almost nervous when the Fram receives those shocks; everything seems to tremble as if in a violent earthquake.

"Sunday, December 23d. Wind still unchanged, and