

made of a thin, close kind of cotton canvas, and consisting of an upper garment to pull over the head, provided with a hood in Eskimo fashion, and a lower one in the shape of a pair of wide overalls.

An important item in an outfit is the *foot-gear*. Instead of wearing long stockings, I preferred to use loose stocking-legs and socks, as these are easy to dry on one's chest when asleep at night. On a journey of this kind, where one is continually travelling over snow and in a low temperature, whether it be on "ski" or not, my experience is that Finn shoes are, without doubt, the most satisfactory covering for the feet in every way, but they must be made of the skin of the hind-legs of the reindeer buck. They are warm and strong, they are always flexible, and are easy to put on and take off. They require careful management, however, if they are not to be spoiled at the outset, and one must try as well as one can to dry them when asleep at night. If it be sunny and good drying weather outside, the best plan is to hang them on a couple of "ski" staffs, or something of the kind, in the wind outside the tent, preferably turned inside out, so that the skin itself can dry quickly. If one does not take this precaution the hair will soon begin to fall out. In severe cold, such as we had on the first part of our journey, it was impossible to dry them in this way, and our only resource was then to dry them on the feet at night, after having carefully brushed and scraped them free from snow and