was no more wood fit for making snow-shoes to be found on board. It is true that we had a large piece of oak timber left available, but we were in need of a suitable instrument to split it with, as it could not be cut up with the small saws we had on board. In our dilemma we had recourse to the ice-saw. Amundsen converted it (by filing it in a different way) into a rip-saw; Bentzen made handles for it; and as soon as it was ready, Mogstad and Henriksen commenced to saw the beam of oak to pieces. At first the work went slowly, most of the time being taken up with filing and setting the saw; but gradually it went better, and on April 6th the timber was cut up into six pairs of good boards for making snow-shoes, which we temporarily deposited in the saloon for drying. As I consider Canadian snowshoes superior to Norwegian snow-shoes, when it is a question of hauling heavily loaded sledges over such a rough and uneven surface as is presented by polar ice, I directed Mogstad to make ten Canadian pairs of maple-wood, of which we had a quantity on board. Instead of the netting of reindeer-skin we stretched sail-cloth over the frames. This did the same service as network, while it had the advantage of being easier to repair. With the snow-shoes which we had we undertook frequent excursions, more particularly Scott-Hansen and myself. While out on one of these trips, on which Amundsen, Nordahl, and Pettersen also accompanied us, 3 miles west of the vessel we came across a large hummock, which we named "Lovunden," on account of its resemblance to the island "Lovunden," off the coast of Heligoland. This hummock presented very good snow-shoeing slopes, and we practised there to our heart's content.

On May 1st we had finished the snow-shoes intended for daily use, and I gave orders that, henceforth, daily snow-shoe trips should be made by all hands from 11 A.M. till 1 P.M., if the weather was good. These snow-shoe runs were to everybody's taste, and were necessary, not only in order to afford brisk exercise in the open air, but also in order to impart to those who were less accustomed to snow-shoes a sufficient degree of skill in the event of our having to abandon the *Fram*.

While the removal of the ridge was proceeding there con-II.--30