and alacrity of "Bella." The dogs at first attacked him once or twice, but after a short resistance he jumped into the water, and crossed over two broad lanes, which it took the dogs a long time to get round. He was just about to plunge into a third channel when "Bella," who in the meantime had come round, intercepted him not 20 feet from the edge. At a distance of 200 or 300 yards Mogstad fired, and was lucky enough to hit him in the head, bringing him down, and he now made only some feeble attempts to keep the dogs off. I then sent him a shot behind the shoulder; but, as he was not quite dead, Mogstad gave him the final one.

On July 20th the mate shot a large bear, which came swimming across a channel; and we killed our last bear on the evening of August 6th, but in such an awkward position that we had to leave the meat, and it was as much as we could do to get the hide on board.

In the matter of birds, we were also pretty fortunate. For instance, Scott-Hansen and I one night shot 9 little auks, I kittiwake, and I skua, and the following day 21 more little auks and 2 black guillemots. Henriksen in one day's shooting bagged 18 little auks and I black guillemot, and Nordahl, 26 little auks and I black guillemot; and, later on, when there had been an abundance of game for some days, we killed as many as 30 to 40 birds in the course of a few hours.

This hunting life had not only a beneficial effect upon our spirits, which occasionally were rather low, but it also gave us an appetite, which sometimes was quite ravenous. When we were weighed at the end of the month we found that, whereas some of us had previously been losing weight, we had now steadily and uniformly increased from the time when auk's breast, roast guillemot, stewed kittiwake, skua soup, and last, but not least, ribs of bear, became the daily fare on board.

Indeed, we stood in need of all the encouragement and good living which our hunting procured us. The state of the ice was anything but cheering, and the prospect of getting out of it during the present year became less every day.

During the first days following the release of the Fram the