

Without going further into detail, we may say that bodily checks may, by producing pain or discomfort, lead to disappointment on our part, but that when the personal element is introduced, we experience a special sensation, a pain or discomfort which we term Regret or Remorse, and inasmuch as we look upon many of our actions as free, this feeling of remorse is connected with that of self-reproach.

We may regret in both cases our past actions, but this regret acquires a special feature of sorrow if it is connected with the signs of displeasure in another person.

These elementary and quite simple experiences in a child's life are developed and made use of in the process of education, and become extended through conversation and teaching into a code or rules of conduct which may exhibit a great variety of precepts and be based upon very different feelings, ranging from mere physical pain or pleasure through the whole gamut of sensations and emotions to the highest and most spiritual affections which are summed up in the word Love.

And thus, gradually there emerges out of all the various experiences of disappointment and success, of joy and sorrow, a feeling of what is the right thing to do, and of such actions as are wrong. And here it may be remarked that the nature of wrong is more easily taught and recognised. This is shown by the fact that most codes of Morality dilate at length upon what is wrong and to be left undone; whereas only at a higher and later stage are we taught that Love sums up the whole of Righteousness and Goodness in one comprehensive guiding and unfailing sentiment.