

and legs small, and the muscular parts are as yet unfilled ; but by degrees the fleshy fibres augment, the muscles swell, the limbs assume their figure, and become more proportioned, and before the age of thirty the body, in men, has acquired its most perfect symmetry.

In women, the body sooner attains this symmetry ; their muscles and other parts being less strong, compact, and solid than those of men ; and being also less in size, they require less time in coming to maturity. Hence it is that a woman is as completely formed at twenty, as a man at thirty.

The body of a well-shaped man ought to be square, the muscles expressed with boldness, and the lines in the face distinctly marked. In woman superior elegance prevails ; her form is more soft, and her features more delicate. Strength and majesty belong to the former, grace and softness are the peculiar embellishments of the latter.

In both, their external forms declare their sovereignty over every living creature. Man supports his body erect ; his attitude is that of command ; and his face, which is turned towards the heavens, displays a superior dignity. The image of his soul is painted in his countenance ;