

- Plymouth, 147.
 Pocklington, 92, 258.
 Pontefract Castle, 96.
 Pottersfleet, 122.
 Poxstones, 24.
 PRÆTORIUM, 89, 233, 241-247.
 Preston, 113.
 Pule Hill, 96.

 Raisegill Hag, 79.
 Ralph Cross, 40.
 Ramsgill, 70.
 Ravenshill, 137.
 Ravenspurn, 105, 119, 279.
 Ravensrode, 119.
 Rawcliffe, 99.
 Rawden Billing, 39.
 Rawmarsh, 224.
 Redcar, 141, 142, 291.
 Red Cliff, 131, 132.
 Redmayr, 122.
 Reeth, 52, 56.
 Rey Cross, 19, 201, 246.
 Rhydd, 83.
 Ribble (River), 110-113, 200, 230.
 Ribblesdale, 4, 8, 57, 110, 171, 172, 218.
 Ribblehead, 110.
 Ribchester, 80, 113, 114, 230, 231.
 Riccall, 84, 204, 254.
 Richmond, 53.
 Richmond Castle, 54.
 Rievaulx, 85, 86, 87.
 Rigmaiden Hall, 114.
 RIGODUNUM, 80, 231.
 Rigton, 71.
 Ringbrough, 123.
 Ripley, 71, 72, 258.
 Ripon, 64, 71.
 Robin Cross Hill, 52.
 Robin Hood's Bay, 136, 137, 139, 141.
 Robin Lyths Hole, 128.
 Roch River, 96.
 Rochdale, 96.
 Rockcliff, 142.
 Roggan Hall, 37.
 Roggan Seat, 20, 52.
 Rokeby, 49, 50.
 Romaldekirk, 47.
 Romanby, 56.
 Rooss, 155.
 Rosebury Topping, 39, 87, 106, 109, 137, 203, 225.
 Rosedale, 85, 88.

 Rother, 101, 114.
 Rotherham, 100, 101, 102, 224, 258.
 Rothersdale, 22.
 Rough Birchwood, 219.
 Rudgate, 83, 95, 243.
 Rudston, 105, 106.
 Rumeley's or Rombald's Moor, 38, 80, 93, 190, 224.
 Runswick, 141.
 Ruswarp, 108.
 Rutherford Bridge, 50.
 Rye, 85, 86, 89, 200.
 Ryeloaf, 37.
 Rykniel Street, 101, 224, 243.
 Rylstone, 37, 70.
 Rysell, 22.

 Saltburn, 142.
 Salteghagh, 119.
 Saltwick, 140.
 Samlesbury, 113, 230.
 Sandal Castle, 98.
 Sandley Meer, 123.
 Sandsend, 139, 141.
 Sattron Hangings, 21.
 Sawley Abbey, 112.
 Sea Fell, 157.
 Scalby, 135.
 Scamridge, 86, 225.
 Scarborough, 85, 86, 106, 133-137, 146, 149, 152, 190, 289, 290.
 Scarborough Castle, 40.
 Scargill, Cliff of, 49, 50.
 Scordale Head, 45.
 Scoreby, 92.
 Sedbergh, 114, 117.
 Selby, 78.
 Selside, 110.
 Selwicks, 127.
 SETANTIUM PORTUS, 117, 229.
 SETEIA ÆSTUARIUM, 229.
 Settle, 111, 112, 117, 153, 155, 218.
 Settrington, 41.
 Severn River, 85, 88.
 Severs Hoe, 76.
 Sewerby, 230.
 Shap Fells, 114.
 Sheaf River, 100.
 Sheffield, 100, 101, 102, 258, 291.
 Sheriff Hutton, 78.
 Shibden Top, 39.
 Shipley, 94.
 Shunnon Fell, 21, 51, 52, 57, 58.
 Silhoe, 109, 255.
 Silkstone, 100.