

the various powers of waste been ceaselessly at work upon the land, there has likewise been an upheaval of the country to a height of fully forty feet above the level at which it stood when the glaciers crept back from the mouth of Glen Spean. The later stages of this rise will be further alluded to in a subsequent chapter in their relation to the kingdom generally. Forests, too, have sprung up and disappeared. Lakes have given place to bogs and peat-mosses. And man, a more rapid agent of change than the elements, has done much to alter the aspect of the Highlands. I think it better, however, to defer the notice of these later changes until the scenery of the rest of the kingdom has been considered.<sup>1</sup>

<sup>1</sup> It will, of course, be understood that the scope of this volume permits me to treat only of those geological changes of which there are marked proofs in the scenery of the country. Hence I must pass over the evidence of oscillations of level afforded by the sunk forests, and other subjects which, though of great interest, do not specially elucidate the present inquiry.