

(3.) Loch Feochan, and across the Lorn volcanic district to Kilmelfort.

(4.) By train to Loch Awe, and up the lake by steamer to the southern end [237].

(5.) Ballachulish, Loch Leven, and Glencoe.

(6.) Round the Island of Mull. This excursion occupies a whole day. According to the state of the tide the route is either first through the Sound of Mull, or round by the southern coast of the island. The steamer keeps close to the basalt cliffs, which are thus admirably seen [74]. A halt is made at Iona, and again at Staffa [Fig. 48]. From the west side of Mull the marked contrast can be best seen between the flat cakes of basalt that form all the plateau country, and the conical or dome-shaped forms of the granitoid and other rocks which have disrupted the basalts [123].

(7.) Fort-William and Ben Nevis [128, 161, 166, 179]. This excursion may be prolonged so as to include Glen Spean, the 'Parallel Roads,' and the moraines of Glen Treig [262].

Oban to Inverness by Caledonian Canal.—In leaving Oban Bay good views are obtained of the conical granitoid hills of Mull to the west. Dunnolly Castle stands on a crag, which shows how picturesquely the Old Red Conglomerate weathers. By degrees Loch Etive opens out to right, with the peaks of Ben Cruachan towering above it. The verdant island of **Lismore** is an example of the greenness of the vegetation over the bands of limestone in the Highlands [208]. As Loch Linnhe narrows northward its sides become steeper, and the mountains rise in elevation. During the halt at **Ballachulish** opportunity is given to note the remarkably glaciated rocks along the sides of Loch Leven, also the platform of the 50-feet raised beach, which projects from the north side like that from the north side of Loch Etive at Connal Ferry. In clear weather the range of mountain-views from the mouth of Loch Leven is almost unrivalled in the West Highlands. Note especially the peaks formed by the porphyries of Glencoe to the east, and the characteristic rugged forms of the schist mountains of Ardgower to the west.

At Corran Ferry Loch Linnhe is almost cut in two by another platform of the 50-feet raised beach, the level green surface of which contrasts with the dark rough mossy slopes on either side [221]. Another wide expanse of raised beach