

is encountered in the shock of the cold bath, with a view to the preservation or restoration of health. It may be said perhaps that the glow of warmth which usually succeeds this shock is in itself a pleasure; as indeed it is: but it may be presumed that very few individuals experience any pleasure from the shock itself, or would consent to encounter it but for its pleasurable and beneficial consequences.

For the enjoyment of the cold bath nature affords the immediate resource of springs and rivers, in almost every part of the world; but the enjoyment of the warm bath is in general not easily attainable; warm springs being comparatively of rare occurrence: the pleasure of the warm bath however is so congenial to man's feelings, that it is sought for by savages as well as by the inhabitants of the most luxurious cities; and is as acceptable in tropical as in cold climates.

It is at all times interesting to contemplate the expedients which human ingenuity discovers for the accomplishment of its purposes: but such a contemplation is more particularly interesting when it develops the revival of a principle, the knowledge of which had been buried during many centuries of intervening ignorance; and thus justifies the reflection of moral wisdom:

“*Multa renascentur, quæ jam cecidere.*”

“The thing that hath been, it is that which shall